Questions to ask my doctor about preventing kidney disease

Please print this page and discuss the following with your doctor at your next appointment.

Questions	Doctor response
What lab tests do I need to screen for kidney disease?	
What are the normal results for the tests? How will my results change my treatment plan?	
Aside from early detection, what else can I do to prevent kidney disease? Are there any medications I should take? Blood Pressure and glucose control along with monitoring for protein leakage in the urine are key to preventing diabetic kidney disease.	

Optum provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional.