

Questions to ask my doctor

about my elevated cholesterol levels and my statin medication

Please print this page and discuss the following with your doctor at your next appointment.

Questions	Doctor response
Should my statin medication be increased? If not, why?	
Could adding another medication improve my numbers and help me achieve my goals?	
How frequently should I have my levels tested? What are the goals for managing my cholesterol?	
What other things can I do to improve my cholesterol levels and reduce my future risk of heart disease?	

Optum provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional.