

# Questions to ask my doctor

## *about taking my ACE inhibitor/ARB medication*

Please print this page and discuss the following with your doctor at your next appointment.

Questions	Doctor response
How can this medication help me?	
What can happen if I'm not taking my medication as prescribed?	
Tell your doctor the reason(s) why you're not taking the medication as prescribed, or any concerns you have about taking this medication. Ask for alternatives or solutions to help you take your medication.	

Optum provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional.