Questions to ask my doctor about adding aspirin to my treatment plan

Please print this page and discuss the following questions with your doctor.

Questions	Doctor response
Would taking an aspirin a day be right for me? How does it work?	
If it's not right for me, why?	
 If starting a new medication: Is it safe to take with my other medications? Are there any side effects I should be aware of? What should I do if I develop any side effects? Are there other OTC medications, supplements or vitamins I should avoid while taking aspirin therapy? What dosage of aspirin should I take? Is there a specific type of aspirin I should take? What should I do if I miss a day? 	

Optum provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional.