

# Questions to ask my doctor

## *about adding a beta-blocker*

Please print this page and discuss the following with your doctor during your next office visit.

Questions	Doctor response
<p>Is a beta-blocker medication right for me? How does it work?</p>	
<p>If it's not right for me, why?</p>	
<p><b>If starting a new medication:</b></p> <ul style="list-style-type: none"> <li>▪ Is it safe to take with my other medications? Are there any medications I should stop when I start this one?</li> <li>▪ Are there any side effects I should be aware of? What should I do if I have any of these side effects?</li> <li>▪ Is it the most cost-effective choice? For example, does it have the least expensive copay? Is a generic form available?</li> <li>▪ What strength are you recommending? How many times a day do I need to take the medicine?</li> <li>▪ What should I do if I miss a dose?</li> <li>▪ Do I need to avoid alcohol or any particular foods while taking this medicine?</li> </ul>	

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