

Questions to ask my doctor *about managing my A1C*

Please print this page and discuss the following with your doctor at your next appointment.

Questions	Doctor response
What is my A1C target?	
How often should I have the A1C test?	
What happens if my test results are out of the “good” range? What complications or impact could result?	
What changes can I make so my results stay within a normal range?	

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